

THE PEDALER



Regularly Scheduled Rides

For your riding enjoyment, we offer rides for just about all levels and ability. From the casual and leisure rider to the more competitive moderate rider wanting to enhance their fitness! Many are “No Drop” rides in and around the Brentwood area with ride leaders.

Email deltapedalers@gmail.com or contact Jan McGreer (925-437-2043) for details or questions. Note: Times below will change with seasons. Check Facebook group page or our website for any updates.

Sunday AM at Bagel Street Café

Casual/Leisure riders start at 9 am. Moderate to fast riders start in winter at 9 am and split into two separate groups as the ride picks up tempo.

Wed./Fri. AM at Bagel Street Cafe

Show & Go for all abilities at 9 am

Tues./Thurs. PM at Extreme Pizza

Show & Go ride for all abilities at 6:30 pm. Evening rides are highly weather dependent until it warms up. Thurs. has a leader. Tues. does not.

Advocacy

Please look at what a few Delta Pedalers are doing to enhance the riding experience around Contra Costa County. News and information can be found on our website Advocacy page (www.deltaped.org).

Delta Pedalers on Facebook

Subscribe to the Delta Pedalers Facebook group for up to date info on away and ad hoc rides, advocacy opportunities, and all things cycling!



Sonoma County Ride 2019

Upcoming Away Rides & Events

We strive to offer different monthly out of area rides that can appeal to multiple levels. We plan for multiple turnaround points or alternative paths to allow for different mileage, climbing and speed levels usually ending in a potluck or restaurant visit to refuel.

We did a few mountain bike/gravel rides last year and hope to include several this year. Check out our ‘Hello Spring’ day for family variety.

Our Facebook Events has details of rides with any changes and additions to the schedule! Email questions to: DeltaPedalers@gmail.com.

Mines Road, Livermore – Sunday March 15th

Enjoy amazing scenery especially in the spring. There are 3 levels (22, 42, & 60 miles) depending on how much of a challenge you want. Once you turn around, the ride back is easy. We will have a potluck back at the start.

Old Farts Mt. Diablo Climb – Saturday. March 28th

Ride to the top or stop at the junction and meet up with the group coming down. Roccas Pizza for lunch & libations after.

Dennis Gilmore Memorial Ride – Sunday. April 5th

Come out and honor Dennis Gilmore while riding one of his favorite local rides to Jersey Island. Multiple routes coming back are planned for different distances. Gather for coffee & bagels after.

See the back page for more scheduled rides & events!



Letter from the president....

Hello Fellow Cyclists,

Since this winter is not as wet as last year, I'm seeing more of you out riding. For those of you weathering the cold please be safe in the fog and on wet roads. Slow down; don't ride on white lines which are slippery when wet; stay closer to town and use your lights when foggy; ride a safe distance from other cyclists; and **PLEASE** carry an ID with emergency contact that is NOT on a locked phone.

There are more than 10 miles of bike trails in Brentwood. Some link up to trails in neighboring towns. To view or download a map, visit the City of Brentwood Parks & Recreation website and follow through the Parks, Trails & Facility Rentals; Trails; and then Trail Location menu levels.

Reminder: If you have not renewed your membership, please use the "Join or Renew Membership" page on our website to renew (\$20 single/25 Family per year). Members must complete a new application for insurance to be valid.

Stacey Keller-Moore
President - Delta Pedalers Cycling Club



Upcoming Away Rides & Events Cont....

Cinco de Mayo – Napa to Calistoga Ride - Sunday, May 3rd

Ride the iconic Silverado Trail in Napa Valley. 56 miles for the faster riders leading the way to the coffee shop in downtown Calistoga and back! Slower group will turn around earlier doing about 40 miles. Mexican Fiesta potluck follows at the end of the ride.

Bike to Work Day – Thursday, May 14th

We will have a table setup at City Park, downtown Brentwood. If you cannot ride to work, join us at 6:30 pm at Extreme Pizza for night ride.

'Hello Spring' Family Variety Day & BBQ – Saturday, May 16th

Something for everyone! At Contra Loma Regional Park, choose from a road bike ride, mountain bike ride, a hike, or a walk around the reservoir! We have routes and leaders for all. Join us afterwards for a BBQ/Picnic.

Sonoma County Ride – Saturday, June 6th

Ride through scenic Sonoma county with rolling hills. Choose between a moderate 40 mile loop or a more spirited 65 mile loop. Start & Finish at a beautiful park where we will refuel with a potluck.

Mount Hamilton Climb – Saturday, July 4th

Challenge yourself with ride up Mount Hamilton which includes over 3,500 feet of climbing (38 miles roundtrip).

Spicer Reservoir Camping Trip – July 23rd – 26th

A family campground with a beautiful view overlooking the lake, with granite mountains in the background. Come for biking, hiking & swimming. Tent sites and a few RV sites available. Reserve in advance.



Annadel State Park Mountain Biking 2019