

# THE PEDALER



## Regularly Scheduled Rides

For your riding enjoyment, we offer rides for just about all levels and ability. From the casual and leisure rider to the more competitive moderate rider wanting to enhance their fitness! Many are “No Drop” rides in and around the Brentwood area with ride leaders.

Email [deltapedalers@gmail.com](mailto:deltapedalers@gmail.com) or contact Jan McGreer (925-437-2043) for details or questions. Note: Times below can change with seasons. Check Facebook for most recent.

### Sunday AM at Bagel Street Café

Casual/Leisure riders at 9 am.

Moderate & Fast riders start at 8 am and split into two separate groups as the ride picks up tempo.

### Wed./Fri. AM at Bagel Street Cafe

Show & Go for non-leisure riders at 8:30 am

### Tues./Thurs. PM at Extreme Pizza

Tuesday: Show & Go ride for all abilities at 6:30 pm

Thursday: Leader led ride for non-leisure at 6:30 pm

## Advocacy

Please look at what a few Delta Pedalers are doing to enhance the riding experience around Contra Costa County. News and information can be found on our website Advocacy page ([www.deltaped.org](http://www.deltaped.org)).

## Delta Pedalers on FaceBook

Request to join the ‘Delta Pedalers’ Facebook group for up to date info on away and ad hoc rides, advocacy opportunities, and all things cycling!



**Cinco De Mayo 2019 Silverado Trail**

## Upcoming Away Rides & Events

We strive to offer different monthly out of area rides that can appeal to all levels. We plan for multiple turnaround points or alternative paths to allow for different mileage, climbing and speed levels usually ending in a potluck or restaurant visit to refuel.

**Our Facebook Group Events has ride details with any changes and additions to the schedule! People also post ad hoc rides (including mountain biking), rides that we participate in with other clubs/groups, or our favorite organized rides that require advance registration. Email questions or feedback to: [DeltaPedalers@gmail.com](mailto:DeltaPedalers@gmail.com) or message us on Facebook.**

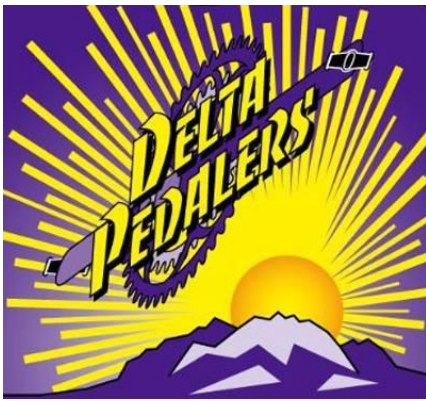
### **Walnut Creek to Sunol (& Back) – Saturday, Sept. 7th**

Great ride for a hot day! 44 miles round trip to Casa Bella Bistro & Sunol Train Station with plenty of shade and places to rest & rehydrate. Two groups (fast and moderate) will each have a leader and you can turn around at any point if you wish to shorten the mileage.

### **San Francisco / Tiburon Loop - Saturday, Sept. 21st**

Start at Sports Basement in SF and ride across the Golden Gate Bridge, then choose between a 45 mile loop through the Marin Headlands with climbing; or a 20 mile flat ride to Tiburon & taking the ferry back to SF.

**See the back page for more scheduled rides & events!**



## Letter from the president....

Hello Cyclists,

It is great seeing a lot of you out on the road again. Recently, we have had some very hot days! Please hydrate and refuel regularly as well as tell someone where you are riding if riding alone. We want everyone to take care while experiencing the joys of cycling.

We have also seen a few accidents recently and are glad to report that everyone is recovering well. Let us all take time to remind ourselves of the rules of the road and safe riding practices (see articles posted on Facebook/Internet) as we not only want everyone to be safe but we wish to help promote a positive attitude towards cyclists on the road.

Several of our board members sit on area committees and attend important cycling advocacy meetings. One of many local items of interest is EBRPD's commitment to extending Marsh Creek Trail to Round Valley Regional Preserve. The design is expected out this fall.

I want to thank our diligent ride leaders, the Board, and everyone who has contributed to making our rides successful and the running of the club.

I also want to give kudos to Hans Ho for answering our call to ride regularly with an elderly cyclist with memory issues. Someday it may be one of us.

We are always looking for new away rides. Contact us with your ideas at [DeltaPedalers@gmail.com](mailto:DeltaPedalers@gmail.com).

Stacey Keller-Moore

## Upcoming Away Rides & Events Cont....

### Meet & Greet BBQ/Picnic – Sunday, Sept. 22nd, 1:30 pm

BBQ potluck at Summerset Orchards. Club provides drinks, paper products, & items being BBQ'd. Members bring potluck items. Guests don't bring anything. Get to know your fellow riders or find out what we are about. RSVP to [DeltaPedalers@gmail.com](mailto:DeltaPedalers@gmail.com) for headcount.

### Martinez to Jelly Belly Factory Ride – Sun. Oct. 6th

We'll go north across the Benicia-Martinez Bridge into Solano County for a fun ride to the Jelly Belly Factory in Fairfield where we will take a break at their snack bar. Those jersey back pockets are the perfect size to stuff in a few packets of Jelly Bellies. 2 routes available with one being flatter - 47 miles roundtrip.

### Train to Davis/US Bicycling Hall of Fame & Ride – Sat. Oct 12th

Roundtrip by train from Martinez to downtown Davis, visit the US Bicycling Hall of Fame, and then participate in a ride around Davis.

### Napa to Calistoga Silverado Trail Ride – Sun. Oct. 27th

Ride the iconic Silverado Trail in Napa Valley. 56 miles for the faster riders leading the way to the coffee shop in downtown Calistoga and back! Slower group will turn around earlier doing about 40 miles.



June 2019 Sonoma County Ride

## New Jersey/Kit Design

The new jersey design is complete (Thanks Tracie Smit!). It has been sent out and received well by our members. We are currently working on the specifications for the manufacturer so we can setup an online store where you can order it, a sleeveless version, shorts and/or a windbreaker. We will have a period where you can try on various jerseys to determine sizes before we open the store.