



Delta Pedalers Newsletter

Delta Pedalers Bicycle Club, P.O. Box 2394, Antioch, CA. 94531 Website: www.deltaped.org

Quarterly Newsletter: April — June 2013

Delta Pedalers Spring Social—April 14, 2013

Featuring Bruce (Ole) Olson, described in a recent East Bay Bicycle Coalition Newsletter as "The Legendary Tour Rider" of the East Bay. We are fortunate to have Ole as a member of our club. Ole presented his slide show on a self contained cross-country (U.S.A.) trip from Virginia Beach to San Diego. He was camping-out and eating-in collecting National Park Sites, State Capitols, and Presidential Libraries.



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Spring Social: 4/14/2013 (John Coker)



The above photo shows the members and guests who stayed for pizza and soft drinks after the very interesting and colorful presentation by the East Bay's legendary tour rider of his cross-country bicycle ride at the Spring Social Meeting of our bike club. A beautiful succession of projected slides showed the highlights of Bruce (Ole) Ohlson's self-contained, solo, "camping out and eating-in" meander across the United States, visiting National Park operated sites, State capitols, and presidential libraries among other national sites. We saw slides ranging from the birthplace and childhood home of President Harry Truman to a snap shot of an oil drilling rig on the front lawn of the State Capitol Building in Oklahoma.

Ole's trip began in Virginia Beach, Virginia (with the traditional dipping of the back wheel of the bicycle in the Atlantic Ocean) and finished in San Diego, California (with the dipping of the front wheel in the Pacific Ocean.) After the cross-country ride, Ole bicycled from San Diego to his home in Contra Costa County.

The show was particularly interesting to cyclists because we saw the details of the panniers and other equipment designed and made by Ole himself. We also saw pictures of the challenges he faced with equipment failures, and learned how he overcame each one. We even got a great shot of Ole's extensive tool kit. We even learned technical details of classic busses that Ole came across on the journey.

Ole's dry sense of humor and his readiness to answer many questions made for a presentation that engaged and delighted the room full of people at the REI meeting room of the store on Sandcreek Road near the Highway 4 bypass in Brentwood.

Our Summer Social Meeting is now scheduled for Saturday, July 13th at the home of Bill Honeycutt in Discovery Bay. It will be a glorious picnic. The details have been sent out to the membership by Bill. We hope to see you there.

John Coker, Delta Pedaler's Bicycle Club

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Report of Old Farts Birthday Ride March 9, 2013

19 People showed-up for this ride. 10 Members and 8 guests. 5 stopped at the Saddle Ranger Station. Ride went well. Happy Birthday to the 2 old farts Dick and Dave now 77



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Mary's Annual Birthday Ride Saturday March 23, 2013

Great Day, Great Ride, Great Friends, Great Club 17 riders completed the 60 miles out and back



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Los Vaqueros Dam Trials Saturday April 6, 2013

77-year-old Dave Stoeffler won his age group again 3.25 miles in 16:36



Ride Report: 4/7/2013 (John McCarty)

52 mile ride from the Mesa, AZ area and toured the streets and multi use paths of Scottsdale, Tempe and Mesa. Got to do three days of riding, including an early morning ride before heading out

Ride Report: 4/9/2013 (John McCarty)

Ride with Lehigh Wheelmen's first Monday night group C ride into still headwinds and lots of hills. I had been cutting and burning brush for the last three days on some hilly terrain and had trouble keeping up with the group into the wind. The listed C ride was more of a B level ride with a large turnout of just over 30 riders in 70 degree weather. The group split up at the turnaround point and the hills were a little less challenging with a tailwind. The faster riders continued their B ride pace while I enjoyed the slower group in the back of the pack.

Bike Commuter of the Year (By Dave Stoeffler)

During Bike to Work Week, in May, Steve Kersevan, the Brentwood Traffic Engineer and Delta Pedaler member was selected Contra Costa County Bicycle Commuter of the Year by the East Bay Bicycle Coalition. Steve not only rides his bike to work every day from his home in the Brentwood hills, to the city hall, he is the staff representative on the Brentwood Bicycle Advisory Committee and does a great job of providing good, and safe, bicycle facilities for cyclist in Brentwood. Congratulations Steve!



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Delta Tri-4-Free Report: 4/13/2013 (Bill Honeycutt)

First Annual Delta Tri-4-Free was held at the homes of Bill Honeycutt & Dave Perez. Olympic Distance Swim started in Discovery Bay, Bike to Brentwood, then Loop around Brentwood Hills ending at David's home. We had about 20 people show and everyone had a great time. David Perez put on a great event.

Results are as follows:

- 1 Brian McNabb 2:31
- 2 Jeff Samson 2:39
- 3 Matt Ware 2:43
- 4 Phill Height 2:45
- 5 David Perez 2:53
- 6 Jill Darnell 3:02
- 7 Patrick Smith 3:03
- 8 Arial Nikzad 3:06
- 9 John Dodson 3:07
- 10 Letisha Guzman 3:14
- 11 Lonnie Stanton 3:26
- 12 Julie Darnell 3:27
- 12 Brad Stegge 3:28
- 13 Blair Venables "bike coarse penalty"
- 14 Glen McCully "swim coarse penalty"
- 15 Bill Honeycutt "swim coarse penalty"



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20 MILE LOOP RIDE IN BRENTWOOD

Here is a 20 mile loop ride, all within Brentwood, and mostly on streets with bike lanes. It also includes some hills, and there are plenty of places to find washrooms and refreshments on this ride.

The ride starts at Creekside Park on Claremont Dr., or at the parking lot at the south end of the Marsh Creek Trail, at Concord Ave. Ride south on the trail, and right on Concord Ave. Turn left at the end onto Vineyards Pkwy. At Marsh Creek Rd., (at the end) turn around, and just before the highway underpass turn left on John Muir Pkwy. (Watch out for the steep down hill) Left at the end of the Rd. that leads to Foothill Dr. where you turn left., then right on Spyglass Dr. and up a hill. At the top, Spyglass turns into Saint Andrews Dr. where you will go down a big hill, with a stop sign at the bottom. Left on Foothill, across Balfour, where it becomes E Country Club Dr. This leads up a long easy hill. On the way down turn right at the first stop sign onto Presidio Dr. At the top of Presidio continue down a nice hill to a left turn on Roundhill. At the end turn right on Saint Regis and right on San Jose. Just after the school take a left, and then left on Highland Way. When you cross Sand Creek it becomes Shady Willow. Right on Grant St. and continue until it turns right and becomes Minnesota. Left on Sand Creek Dr and go all the way to Garin Pkwy where you take a right. Ride to Balfour where you turn right. Just before the Marsh Creek bridge there is a curb cut that will lead you on to the Marsh Creek Trail. Make a careful left turn and ride back to where you started.

Brentwood Farmers Market Report: 5/11/2013 (Bill Honeycutt)

Saturday May 11 Dave S. work the Booth at the Brentwood Farmers Market



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Delta Pedalers Summer Social - Saturday July 13, 2013

Date: Saturday July 13, 2013

Time: 12:00 noon

Place: Honeycutt Home - 747 Willow Lake Rd. Discovery Bay, CA. 94505 925-516-1074

RSVP for head count

If you plan to ride over you can drop off belongings week of July 8th or night before Friday July 12th

Sign-up to bring something:

Vegetable Dish

1. _____
2. _____

Salad/Cold plates (pasta or potato salads, green salads with dressings, Fruit, deviled eggs, etc.)

1. _____
2. _____
3. _____

Bread/rolls

1. _____

Potato dishes

1. _____
2. _____

Appetizers

1. _____
2. _____
3. _____

Desserts

1. _____
2. _____
3. _____

Drinks & Ice

1. Bill Honeycutt

Cups-Disposable

1. Bill Honeycutt

Paper plates, napkins and plastic cutlery.

1. Bill Honeycutt

Ice and Cooler

1. Bill Honeycutt

BBQ

1. Bill Honeycutt- Tri-Tip
2. _____

Other

1. _____
2. _____

SPICER CAMPING TRIP !

If you plan to go to Spicer it's time to sign up!

If you don't know about Spicer check out the website or ask someone who's been there. It's truly a special place.

We will be there on July 25, 26, 27th, leaving on Sunday the 28th.

If you can't make it on Thursday, you can come for the weekend.

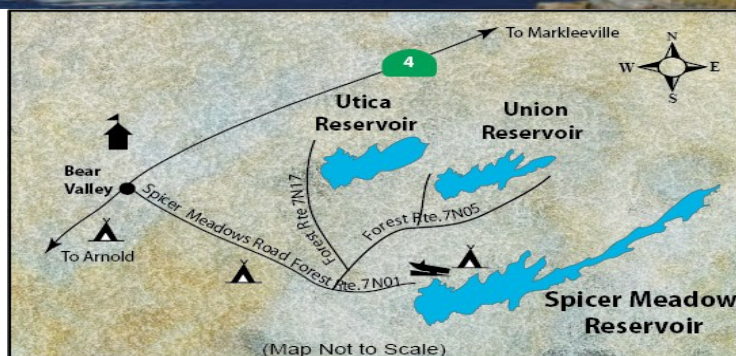
Families are especially welcome.

Call or e-mail Dave at 925-628-2671, dstoeffler@sbcglobal.net.

After June 13th contact Cynthia at 925-628-6345, fshcyn@yahoo.com.

You can also sign up and pay on the Delta Pedaler website. To be assured of a site Don't procrastinate any longer.

At this point we believe tent sites will be \$20. a night, and RV sites \$25. The final cost will depend on how many campers we have.



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All Board Meetings

First Wednesday of Every Month

Panera Bread on Lone Tree Way at 8:00 PM

Option: Saturday Morning Ride— Brentwood Bike Club Ride

Date: Every Saturday in 2013

Meet Time: 8:00am

Start/Finish: Willy's Bagels & Blends in the Safeway shopping center

Ride Length: 20 Miles - could be more depending on people that show and everyone is in agreement

Willy's Bagel & Blends

1155 2nd St.

Suite# D

Brentwood, CA

Phone: (925) 634-2245

<http://www.willysbagelsandblends.com/>

Sunday Morning Rides

Every Sunday @ 9:00 AM — Ride 1

Every Sunday @ 8:00 AM — Ride 2

Every Sunday @ 8:00 AM — Ride 3

Ride 1 - Road-Casual; 10-20 miles - Start time is ALWAYS 9 A.M.

This is a good introductory ride to our club. The group stays together with the faster rider slooping around and repeating some sections, usually the climbs, while the slower riders go at their own pace. There is one moderate hill and several lesser climbs in each direction, and an optional difficult climb at the halfway point.

Ride Leaders: John & Margot Coker: 925-473-8292.

Ride 2 - Road-Fast; ~35 miles, regrouping occasionally. - Start time is ALWAYS 8 A.M. The ride goes out through Byron to the Los Vaqueros Reservoir and Interpretive Center, and returns through Brentwood. Good training ride for those who would like to learn how to ride in a pace line. Bring money for coffee afterward.

Ride Leader: Dave Perez: Text only @ 925-980-2076.

Ride 3 - Road-Moderate; ~35 miles, regrouping frequently. - Start time is 8 A.M. The ride goes out through Byron to the Los Vaqueros Reservoir and Interpretive Center, and returns through Brentwood. Bring money for coffee afterward.

Ride Leader: Dave Stoeffler: 925-628-2671.

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Ride Ratings

Skill level : C = Casual M = Moderate E = Experienced H = Hammerhead

+ next to skill level means that skill level and up.

1 = Essentially flat (Delta roads)

2 = Low hills, rollers (Montezuma Hills)

3 = Hilly—moderate length climbs (Deer Valley)

4 = Mountainous—steep grades/long climbs (Mt. Diablo)

Monday Night Road Bike Ride

Road-Casual; ~12 miles per loop - Start time is 7 P.M.

Meet at the Brentwood Starbucks at the intersection of Sand Creek and the Hwy. 4 Bypass. Bike lighting; red reflector visible from rear; white or yellow reflector on each pedal, shoe, or ankle visible from the front and rear; white or yellow reflector visible to each side at the front and white or red reflector visible to each side at the rear or reflectorized tires on the front & rear required during darkness. Ride Leader: Jan McGreer 925-437-2043 Please RSVP

Wednesday Night Mountain Bike Ride

MTB M+ 3+ start time; 6:30 p.m. 8 mile + ride. Mountain Bike - in the dirt! Meet at the gate on Fredrickson Rd. Lone Tree Way to Golf Course Rd. Right on Fredrickson. Will ride though Black Diamond Mines. The course varies. Show and go. Must have helmet. Rain 24 hours before cancels. **LOOKING FOR RIDE LEADERS**

Thursday Night Extreme Pizza Road Bike Ride

Road C1 15 miles, no drop ride. 7 p.m. Meet at Brentwood Starbucks at the intersection Balfour and Fairview. This is an easy ride with a visit to Extreme Pizza at the end of ride for Salad and Water or whatever you like



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March 6, 2013 - Meeting Minutes

Opening:

The regular Board meeting of the Delta Pedalers Bicycle Club (DPBC) was called to order by President John Coker at 8:05 PM on March 6, 2013 at Panera's in Antioch.

Board Members Present:

John Coker – President; Lloyd Young – Secretary; Bill Honeycutt – Treasurer; Jan McGreer; and Randy Huey.

A. Approval of Agenda

Approved agenda is attached.

B. Approval of Minutes

February 2013 Board meeting minutes were approved, as amended.

C. Open Issues

- Tour de Starbucks 2012 – Continuing communication from Karen concerning fund distribution. It now appears that one check for \$542.00 was not cashed and returned since the address we were provided was incorrect. A new address will be obtained and the check reissued. This action may close the effort.
- Membership Update – No update.
- Financials – No update.
- Communications – Drafts of the first NEW DP Newsletter was distributed for review by Bill H. Feedback/comments from everyone were very supportive for both the quality and content. The newsletter will be distributed to members through the website and a small number printed for information, PR, and for recruiting new members. Dave S. was not present so there was no update on article with 110 Magazine. Magazine is looking for several high-quality photos is expecting to publish in several months. We discussed the Year in Review with photos from our rides and activities and club history. We believe the club was founded in 1989 and Dave S. will be asked to confirm our history.
- Spicer Camping Trip – Dave S. not present so no update. Reservation fee paid for July 25 – 28, 2013 weekend.
 - Rides Ahead Summary – Old Fart's Ride on Mt. Diablo is set for March 9th. Information will be posted on the website. Dave S. reported that all people actually can qualify as an Old Fart on that day only. Other events will be listed on the website.
 - Next Membership Meeting – Tentatively scheduled for April 14 at 2:30 PM at REI Brentwood. Presenter will be Ole Olson on "My Solo Ride Across America".
 - Outreach – No updates on Bike Rodeos or other events.

D. New Business

- None.

E. Announcements

- None.

F. Agenda Topics for Next Meeting

- Planning for next Membership Meeting

Adjournment:

The official meeting was adjourned at 9:00 PM by John Coker. The next Board meeting will be at 08:00 PM on April 3, 2013 at Panera's in Antioch.

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April 3, 2013 - Meeting Minutes

Opening:

The regular Board meeting of the Delta Pedalers Bicycle Club (DPBC) was called to order by President John Coker at 8:00 PM on April 3, 2013 at Panera's in Antioch.

Board Members Present:

John Coker - President; Al Lim - Vice President; Lloyd Young - Secretary; Dave Prado - Ride Coordinator; Jan McGreer; and Randy Huey.

A. Approval of Agenda

Approved agenda for the meeting is attached.

B. Approval of Minutes

March 2013 Board meeting minutes were approved, as prepared.

C. Open Issues

Tour de Starbucks 2012 - It was announced that all parties participating in the event have received the distribution of proceeds and have confirmed receipt - and are happy!! Thanks to all that made this possible!

Membership Update - 44 paid memberships so far in 2013 with \$910 in dues collected. There were 47 memberships in all of 2012.

Financials - Beginning of March - \$4674 and End of March - \$4359.

Communications - The first NEW DP Newsletter was distributed and was well received for quality and content. Brief discussion on perhaps preparing a one sheet (2 sides) version for hard copy distribution with the full version available on the Club website - which is public. For the next edition, suggestions include checking the font to make sure it is readable. Dave S. was not present so there was no update on article with 110 Magazine. Magazine is looking for several high-quality photos is expecting to publish in several months. No discussion on the Year in Review with photos from our rides and activities and club history. We believe the club was founded in 1989 and Dave S. will be asked to confirm our history.

Spicer Camping Trip - Will start "officially" collecting money soon. Five (5) have already paid in anticipation. Reservation fee paid for July 25 - 28, 2013 weekend.

Rides Ahead Summary - Old Fart's Ride on Mt. Diablo was held on March 9th. No info was available at the meeting. Dave P. mentioned the Round Valley mountain bike 11-mile route. Might be considered for an alternate Wednesday ride.

Membership Meeting - Scheduled for April 14 at 2:30 PM at REI Brentwood. Presenter will be Ole Olson on "My Solo Ride Across America". Discussed ways to both promote the meeting and Al Lim emphasized also promoting gaining new members for the club. John C. will prepare a flyers and Board members and friends will distribute.

Outreach - Decided that a booth at the Los Vaqueros time trails might not be valuable to promote the club or to gain new members. Board determined to cancel our participation. John C. will notify Dave S. to cancel the booth. Briefly discussed a booth at the Brentwood Farmers Market.

D. New Business

Bill Y. mentioned that the Mokelumne Trail Bicycle/Pedestrian Overcrossing is under design per CC County information. Location over Route 4 is planned to be midway between Lone Tree and Sand Creek Roads. No money for building this \$3.4 million project is currently available.

E. Announcements

None.

F. Agenda Topics for Next Meeting

TBD

Adjournment:

The official meeting was adjourned at 9:00 PM by John Coker. The next Board meeting will be at 08:00 PM on April 3, 2013 at Panera's in Antioch.

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May 1, 2013 - Meeting Minutes

Opening:

The regular Board meeting of the Delta Pedalers Bicycle Club (DPBC) was called to order by President John Coker at 8:00 PM on May 1, 2013 at Panera's in Antioch.

Board Members Present:

John Coker - President; Al Lim - Vice President; Lloyd Young - Secretary; Bill Honeycutt - Treasurer; Dave Stoeffler - Advocacy/Newsletter; Dave Prado - Ride Coordinator; Jan McGreer (briefly); and Randy Huey.

A. Approval of Agenda

Approved agenda for the meeting is attached.

B. Approval of Minutes

April 2013 Board meeting minutes were approved, with the additional of Jan - as present.

C. Open Issues

Tour de Starbucks 2012 - At last - nothing to record.

Membership Update - 47 paid memberships in 2013 (up from 44 last month). There were 47 memberships in all of 2012.

Continued to discuss ways to get riders from club events to actually join the DP. For example, there are a number of riders on the 8 AM Sunday ride that may be interested. (From April meeting, John C. was going to prepare a flyer with membership info to pass out.)

Financials - End of April - \$4484 (End of March - \$4359).

Communications - John C. will prepare an article on the Social Meeting with Ole. Will include the group photo of those who attended.

Spicer Camping Trip - Seven (7) have already paid with \$335 collected for July 25 - 28, 2013 weekend. (Reservation deposit was \$420).

Rides Ahead Summary - Nothing discussed.

Membership Meeting - Was held on April 14 at 2:30 PM at REI Brentwood. Presenter was Ole Olson on "My Solo Ride across America".

Outreach - Club will have a booth at the Brentwood Farmers Market on Saturday, May 11. Volunteers are needed for 0730 until Noon. Dave S. is coordinating.

D. New Business

Commuter of the Year Award - Discussed the nomination of Steve Kersevan, who works for the City of Brentwood in traffic engineering, as our nominee for this award. This action and granting Steve an Honorary Membership for 2013 - 2014 was approved by the Board.

Discussed topics for next Social Meeting to include bike aesthetics and new technology as possible ideas.

It was decided that the Club needed to have a summer picnic and Bill Honeycutt graciously made his home in Discovery Bay available for this event. Bill is equipped for biking, swimming, SUP boarding and lots of other fun things. Details will be worked out, but it is likely to be in July.

The Board discussed ways to raise money (since we will likely not be doing the Tour de Starbucks). One idea was a bike condition workshop at the Brentwood Farmers Market. No one was sure if we could do this without paying for this (since we would be charging money or asking for donations, rather than just providing info.) Also, there was concern about liability. Will discuss further.

E. Announcements

Bike to Work Day is May 7th. There will be a booth in Brentwood with free drinks and snacks for bike commuters. Other locations also have plans for the week or just on May 7th.

F. Agenda Topics for Next Meeting

TBD

Adjournment:

The official meeting was adjourned at 9:00 PM by John Coker. The next Board meeting will be at 08:00 PM on June 5, 2013 at Panera's in Antioch

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(President's Report)

July Board Meeting will be Wednesday July 10th

The Board of Directors hopes you enjoy our newsletter and the membership meetings. Meanwhile, Keep Riding!!

John Coker



Club Sponsor



BRENTWOOD
3120 Balfour Road
925-513-3001
Brentwood.ExtremePizza.com



Club Sponsors

Club discounts with these business:

- Bikes for Life
- Schwinn City
- The Wheel Pedaler

Delta Pedalers Bike Club Board Members

John Coker - President
jdiazcoker@hotmail.com
Al Lim - Vice-President
Just1gear@att.net
Lloyd Young - Secretary
lloyd_young@sbcglobal.net
Bill Honeycutt - Treasurer & Newsletter
Bill.honeycutt@hp.com
Dave Stoeffler - Advocacy
dstoeffler@sbcglobal.net
Dave Prado - Co-Ride Coordinator
dkprado@pacbell.net
Jan McGreer - Co-Ride Coordinator
cyclejan@comcast.net

Club Sponsor



Your Neighborhood Coffee House



What A Grind

Discount is 15%

761 Second St. in Downtown Brentwood
Brentwood, CA. 94513

Phone: 925-634-1453

Sam O. Seibaa

Web Site: www.whatagrindcafe.com

Do you have something you want to be included in your monthly newsletter?

Submit your articles, reports, etc. to:

Bill Honeycutt [email: bill.honeycutt@hp.com]

Following info is helpful: Ride reports (include: date, summary of ride & name of riders) pictures, race reports, upcoming event, or other articles of interest.